

1976 GIRLS MSHSL STATE CLASS AA

Richfield High School – June 4 & 5, 1976

Teams: (Scoring: 10, 8, 6, 4, 2, 1)

Owatonna 38	Northfield 16	Park Center 8	Burnsville 4	Benilde-St Margaret's 2
Moorhead 33	Richfield 14	Centennial 8	St. Peter 4	Lakeville 2
Hopkins Lindbergh 32	North St Paul 12	Hill-Murray 7	Brainerd 4	Chaska 2
Rochester JM 30	Henry Sibley 12	Mpls North 6	Worthington 4	Tartan 1
St Cloud Apollo 24	Faribault 10	Shakopee 6	Wayzata 3	Alexandria 1
Edina West 20	Frank Kellogg 10	Mankato West 6	Forest Lake 3	Stillwater 1
Park Rapids 20	Regina 8	Osseo 6	South St Paul 3	Alexander Ramsey 1
Rochester Mayo 20	Rosemount 8	SP Highland Park 6	White Bear Lake 3	
St Paul Central 18	Red Wing 8	Anoka 6	Hopkins Eisenhower 2	
Robbinsdale Cooper 16	Winona 8	Cambridge 4	White Bear Mariner 2	

Two Mile Run (New Event)

- 1 Donna Ganley, Edina West 11:24.7 **
- 2 Melisa Fry, North St Paul 11:30.3
- 3 Leslie Seymour, Regina 11:35.7
- 4 Kris Erickson, Cambridge 11:42.6
- 5 Dolores Maghrak, Regina 11:59.5
- 6 Kristi Hoff, Tartan 12:02.2

One Mile Run

- 1 Val Horan, Rochester JM 5:01.8
- 2 Eva Krueger, Cooper 5:03.7
- 3 Laurie Orness, Mankato West 5:11.7
- 4 Audrey O'Brien, Shakopee 5:24.5
- 5 Sue Margalis, Lakeville 5:24.9
- 6 Mary Bambenek, Wayzata 5:25.6

110 Yard Hurdles

- 1 Mary Grinaker, Moorhead 14.6
- 2 Dee Dee Schmidt, Richfield 15.1
- 3 Susanna Lack, Lindbergh 15.1
- 4 Tammy McGrane, Park Rapids 15.2
- 5 Janice Lindeman, South St Paul 15.2
- 6 Mary Tardiff, White Bear Lake 15.3

880 Yard Run

- 1 Dana Glidden, Kellogg 2:14.5
- 2 Cindy Seikkula, Cooper 2:16.4
- 3 Paul Class, Highland Park 2:18.1
- 4 Gail Dailey, Brainerd 2:18.8
- 5 Kitty Ho, WB Mariner 2:18.9
- 6 Cheryl Dingo, Moorhead 2:19.5

180 Yard Hurdles (New Event)

- 1 Tammy McGrane, Park Rapids 23.2 **
- 2 Anita Anderson, Park Center 23.9
- 3 Susanna Lack, Lindbergh 24.1
- 4 Polly Phillips, St. Peter 24.0
- 5 Kari Cleveland, Rochester JM 24.1
- 6 Janice Lindeman, South St Paul 24.5

220 Yard Dash

- 1 Chris Vitse, Rochester Mayo 25.3
- 2 Kim Watts, Mpls Central 25.6
- 3 Laura Lepsche, Hill-Murray 25.7
- 4 Joyce Laverty, Sibley 25.9
- 5 Joni Meilahn, Owatonna 25.9

- 6 Robin Swenson, Forest Lake 26.0

100 Yard Dash

- 1 Kim Watts, Mpls Central 11.2
- 2 Erin Donnalley, Red Wing 11.4
- 3 Terry Snoddy, Mpls North 11.5
- 4 Patty Clemens, Owatonna 11.5
- 5 Judy Stocker, Shakopee 11.6
- 6 Laura Lepsche, Hill-Murray 11.7

High Jump

- 1 Vicky Peterson, Northfield 5-7 **
- 2 Val Horan, Rochester JM 5-6
- 3 Mary Grinaker, Moorhead 5-5
- 4 Michelle LaCoursiere, Lindbergh 5-5
- 5 Rainie Schwab, Forest Lake 5-5
- 6 Kathy Bosek, Alexandria 5-4

440 Yard Dash

- 1 Chris Vitse, Rochester Mayo 56.4 **
- 2 Tara Kazemba, Winona 58.2
- 3 Lynn Klappa, Osseo 58.4
- 4 Kathy Schmitz, Park Rapids 58.5
- 5 Diane Pacolt, Faribault 59.3
- 6 Shelley Bourquin, Alex Ramsey 59.8

Shot Put

- 1 Julie Gohman, St Cloud Apollo 45-1 **
- 2 Terri Dupre, Centennial 44-7 ½
- 3 Debbie Miller, St Cloud Apollo 44-6 ½
- 4 Joan Fagerness, Worthington 41-10 ½
- 5 Dee Weinreis, Eisenhower 41-3 ¾
- 6 Jody Hagins, Chaska 39-9 ¾

Discus

- 1 Betty Nagengast, Edina West 130-10
- 2 Barb Padrta, Rosemount 118-4
- 3 Cathy Sirany, Richfield 118-4
- 4 Kathy Hetterick, Burnsville 117-2
- 5 Kris Johnson, Wayzata 114-4
- 6 Jody Hagins, Chaska 113-9

Long Jump

- 1 Julie Bale, Moorhead 17-8 ½
- 2 Becky Kirchgasser, Owatonna 17-2 ½
- 3 Mary Grinaker, Moorhead 17-1 ¾

- 4 Patty Clemens, Owatonna 17-1 ¼
- 5 Lori Wittnebel, White Bear Lake 16-10
- 6 Kathy Rosow, Stillwater 16-9

880 Yard Relay

- 1 Owatonna (Patty Clemens, Joni Meilahn, Stephanie Paine, Becky Kirchgaster) 1:43.3
- 2 Lindbergh (Janice Bye, Tammy Takacs, Donna Hoffman, Suzanna Lack) 1:43.9
- 3 Henry Sibley (Joyce Laverty, Gwen Spilde, Sue Punch, Louise Gadbois) 1:45.0
- 4 North St. Paul (Donette Burgess, Laura Hurt, Jean Tolzman, Robbin Smaller) 1:47.0
- 5 Benilde-St M (April Halcin, Gretchen Dwyer, Peggy Ross, Jayne Jagodzinski) 1:48.3

440 Yard Relay

- 1 Owatonna (Patty Clemens, Lisa Yule, Stephanie Paine, Becky Kirchgasser) 49.4 **
- 2 Lindbergh (Linda Pearson, Katie Ackley, Donna Hoffman, Janice Bye) 50.0
- 3 Northfield (Lisa Bailey, Pam Dommeyer, Vicki Peterson, Terry Nelson) 50.1
- 4 SC Apollo (Linda Christen, LuAnn Gebhardt, Janet Knopik, Robin Solt) 50.4
- 5 Henry Sibley (Joyce Laverty, Louise Gadbois, Gwen Spilde, Jan Boller) 57.2

Mile Relay (4x440) (New Event)

- 1 Rochester JM (Linda Hammer, Anne Johnston, Val Horan, Jeanine Ness) 4:00.0 **
- 2 Faribault (Kathy Schultz, Kay Nelson, Pam Parker, Diane Pacult) 4:01.8
- 3 Anoka (Sue Gibson, Deb Feriancek, Linda Strouse, Cathy Dehen) 4:02.1
- 4 Apollo (Roxanne Johnson, Nancy Winkelman, Mary Westberry, Bonnie Schwegal) 4:04.3
- 5 Park Rpd (Kathy Peterson, Linda Benjamin, Tammy McGrane, Kathy Schmitz) 4:05.6
- 6 Alex. Ramsey (Nancy Luttrell, Molly Davitt, Sue Luttrell, Shelly Borquin) 4:06.7

** New Record

Note: Owatonna was coached by Dave Hylla.